

# MENU

CARNOSA  
— evasioni di piacere —



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— evasioni di piacere —

From my romantic and daring love story for the pleasures of the palate, the Carnosa restaurant was born.

It is a sensory journey that I decided to share with each of our guests.

This experience wants to lead true meat lovers to the ecstasy of the senses.

At Carnosa, we pursue a balance between the passion for good food, the excellence of raw materials, the pairing with the right glass and the pleasure of serving our guests.

We work with passion to make this experience a true Evasion of Pleasure.

Anita

# APPETIZERS

<b>Fava bean cream with sautéed chicory and crumble of dry peppers from Lucania</b> 🌿 .....	11,00
<b>Pulled pork croquettes with bbq sauce</b> (4pcs) .....	12,00
1, 3, 6, 7, 9, 10, 11	
<b>Bao buns with chicken cacciatora</b> (2pcs) .....	14,00
1, 12	
<b>Crumbed chicken fillets served with lime mayo</b> .....	12,00
1, 3, 6, 10, 11	
<b>Potato and artichoke croquettes with provola cheese heart on pecorino fondue</b> (2pcs) 🌿 .....	9,00
1, 3, 7, 6, 10, 11	
<b>Dry-aged Picanha carpaccio with brioche bread and herb butter</b> .....	18,00
1, 7	
<b>Danish beef tartare with stracciatella di burrata, confit cherry tomatoes and Taggiasca olives</b> .....	16,00
7	
<b>Danish beef tartare with avocado, lime, bread crumble and soy mayo</b> .....	16,00
1, 3, 6	
<b>Selection of excellent cured meats and cheeses from “Beppe e i suoi formaggi”</b> .....	25,00
3, 12	
<b>Jamon Iberico “Cebo de Campo” platter on Carasau Sardinian bread</b> .....	24,00
9, 13	

Service 2,00 €

## OUR MEATS

<b>Danish beef fillet</b> .....	26,00
<b>Danish beef sirloin</b> .....	23,00
<b>Argentine Cuberoll</b> .....	30,00

## RIB-EYES AND T-BONES

<b>Danish</b> .....	Rib Steak 6,5/hg - T-Bone 7,5/hg
<b>Frisona Padana</b> .....	Rib Steak 6,5/hg - T-Bone 7,5/hg
<b>Scottona Simmental</b> .....	Rib Steak 7,0/hg - T-Bone 8,0/hg
<b>Wafu Holstein</b> .....	Rib Steak 7,0/hg - T-Bone 8,0/hg
<b>Marchigiana</b> .....	Rib Steak 7,5/hg - T-Bone 8,5/hg
<b>Spanish Angus</b> .....	Rib Steak 8,5/hg - T-Bone 9,5/hg
<b>Rubia Gallega</b> .....	Rib Steak 110,0/hg - T-Bone 120,0/hg

Minimum weight for Rib steak 600gr - Minimum weight for T-bone 1kg

**All our meats are served with baked potatoes**





# — FROM THE KITCHEN —

**Seared Wagyu A5 Japan with Maldon salt (80g).....36,00**

**Sesame crusted beef tataki, teriyaki sauce,  
caramelised onion and soy mayo.....24,00**

1, 3, 6, 11

**Pugliese “Bombette” .....19,00**

Pork neck rolls filled with smoked scamorza  
and pecorino cheese on sautéed turnips

7

**Beef meatballs in tomato sauce.....16,00**

1, 3, 7

**Roast beef with tuna sauce, caper berries,  
Taggiasca olives and semi-dried cherry tomatoes .....21,00**

3, 12

**Smoked guinea fowl breast .....25,00**

Marinated in maple syrup and Madeira wine, on  
Jerusalem artichoke cream and crispy leeks


1, 7

**Smoked Iberian Pluma .....28,00**

with celery root puree and cherry sauce

1, 7

**Grilled free-range chicken steak, baby  
potatoes and fresh salad .....16,00**

**Pea soup with pecorino fondue and mixed seeds  .....15,00**

7, 11

# — OUR BURGERS —

- Classic**.....16,00  
Danish beef burger 200gr, Tigrinto smoked pork bacon,  
cheddar cheese, lettuce and homemade mayo  
1, 3, 7, 12
- Deliziami**.....18,00  
Danish beef burger 200gr, smoked scamorza cheese,  
sautéed chicory, caramelised onion and bbq sauce  
1, 3, 7, 12
- Capriccioso**.....20,00  
Danish beef burger 200gr with Roman-style artichokes,  
caciocavallo cheese, Tigrinto smoked pork bacon  
and homemade mayo  
1, 3, 7, 12
- Sontuoso**.....18,00  
Danish beef burger 200gr stracciatella di burrata,  
iceberg lettuce and confit cherry tomatoes  
1, 3, 7
- New York** .....22,00  
Real Pastrami of grass-fed smoked beef brisket,  
between two slices of toasted bread, with mayo  
mustard and pickled gherkins  
1, 10, 12





## SIDE DISHES

<b>Roman-style vignarola</b> .....	9,00
Sautéed peas, artichoke, roman lettuce	
<b>Sautéed chicory</b> .....	7,00
Leafy green vegetables with a slightly bitter taste	
<b>Grilled vegetables</b> .....	6,00
<b>Sautéed turnips</b> .....	7,00
<b>Roman-style artichoke</b> .....	8,00
12	
<b>Baked potatoes</b> .....	6,00
<b>French fries</b> .....	7,00

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## SALAD

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**Cesaria**..... 12,00

Iceberg lettuce, low-temperature cooked chicken breast,  
Grana cheese, bread croutons, mustard dressing

1, 3, 7, 10

**Dafne**  ..... 9,00

Mixed salad, grilled zucchini, cherry tomatoes, avocado,  
mixed seeds and walnuts

8, 11

**Edoné**..... 12,00

Mixed salad, avocado, turkey breast, pecorino cheese,  
confit cherry tomatoes, grilled zucchini and walnuts

7, 8

# DESSERTS

<b>Tiramisu DIY*</b> .....	8,00
1, 3, 7, 12	
<b>Lemon parfait with crumble, lime, mint and lime gel</b> .....	8,00
1, 3, 7, 12	
<b>New York Cheesecake with Salted Caramel</b> .....	8,00
1, 3, 7, 8	
<b>Chocolate and raspberry cake with cream ice cream</b> .....	8,00
1, 3, 7, 8	
<b>Vanilla panna cotta with almond and coconut biscuit and raspberry dressing</b> .....	8,00
1, 7, 8	
<b>Eva's apple</b> .....	9,00
White chocolate and vanilla Namelaka with ginger apple heart, toasted hazelnut crumble	
1, 6, 7, 8, 12	
<b>Dry pastries</b> .....	8,00
1, 8	
<b>Fruits</b> .....	8,00

\*Also gluten-free

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## DRINKS

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<b>Still water</b> .....	3,00
<b>Sparkling water</b> .....	3,00
<b>Coca Cola / Coca Zero</b> .....	3,50
<b>Fanta / Sprite</b> .....	3,50
<b>Ichnusa</b> .....	0,2 lt 3,50 / 0,4 lt 5,00
<b>Birra Messina Cristalli di sale</b> .....	0,2 lt 3,50 / 0,4 lt 5,00
<b>Weiss Shmucker</b> .....	0,2 lt 4,00 / 0,4 lt 5,50
<b>Ipa Kei Os "La Granda" 33cl</b> .....	7,00

# Allergen List

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## 1. Gluten

Cereals and derivatives (wheat, rye, barley, oats, spelt, kamut, etc.)

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## 2. Crustaceans

Both marine and freshwater crustaceans (shrimp, prawns, scampi, lobster, crayfish, etc.)

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## 3. Eggs

All foods containing eggs, even in minimal quantities, whether cooked or raw (mayonnaise, emulsifiers, egg pasta, sweet and savory doughs, creams, ice creams, etc.)

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## 4. Fish

All types of fish and derived products (including fish glue, except for rare exceptions)

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## 5. Peanuts

Derived products or those containing them as ingredients (peanut oil, peanut butter, peanut flour, creams and snacks)

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## 6. Soy

Derivatives and products containing this ingredient (some derivatives are excluded, including refined soy oils and fats)

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## 7. Milk

Derivatives and products in general containing lactose (Whey used for the production of alcoholic distillates is an exception)

# Allergen List



## 8. Nuts

Pistachios, almonds, hazelnuts, walnuts and all varieties of nuts, derivatives and products containing these ingredients

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## 9. Celery

Present as an ingredient, even in minimal quantities, or in derived products (broths, soup preparations, sauces and vegetable concentrates)

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## 10. Mustard

Mustard, present as an ingredient, even in minimal quantities, or in derived products

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## 11. Sesame

Both in whole seeds (e.g. for coating bread and biscuits) and used as an ingredient or derivative, also present in minimal traces (sometimes mixed in flours and seasonings)

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## 12. Sulfur dioxide and sulphites

In concentrations exceeding 10 mg/kg or 10 mg/l (usually present as preservatives in preserved fish products, pickled products, oil-preserved products and brines, jams, vinegar, dried mushrooms, soft drinks, fruit juices, etc.)

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## 13. Lupins

Present as an ingredient, even in minimal quantities, or in derived products (due to their high protein value, they are often included in the preparation of industrial and non-industrial vegan products, such as vegan burgers and cured meats, flours, and similar products)

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## 14. Molluscs and seafood,

Present as an ingredient or base for derivatives.



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[@ristorantecarnosa](https://www.instagram.com/ristorantecarnosa)

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